

Clinical Evaluation of Naga Parpam in the Management of Neerizhivu Noi (Diabetes Mellitus)

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Abstract

Twenty five confirmed Neerizhivu cases (Diabetes Mellitus) were included for the study after screening with stipulated criteria at out patient department of RRI (S), Pondicherry. The cases were administered with Naga parpam at the dose of 600mg/day in three divided doses with milk for a period of 6 months. Periodical assessments were carried out using clinical and laboratory parameters. There was noticeable decline of urine sugar and blood sugar level. There was Significant reduction ($P < 0.005$) of fasting and post-prandial blood sugar levels after completion of 6 months treatments. No untoward side effects were noticed during the entire period of trial.

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